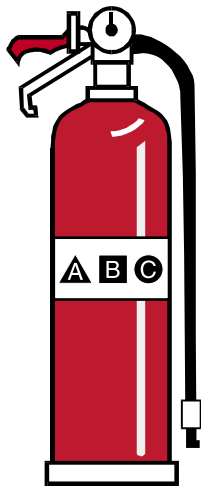


## Fire Extinguishers

- If you keep a fire extinguisher in the kitchen, be sure it is the proper classification with a testing laboratory label.
- Use an extinguisher only if:
  - ✓ You know how to operate it safely.
  - ✓ The fire is **small and contained**.
  - ✓ The **fire department** is being called.
  - ✓ You can fight the fire with your **back to an exit**.
  - ✓ If **any** of these conditions are not met, get out immediately.



In an emergency,  
call 9-1-1,



## Fire Safety For The Kitchen



## Stop Drop Roll

- If your clothes catch on fire roll don't run; running will only fan the flames.
- **Stop** where you are,
- **Drop** to the ground, **Cover** your face and
- **Roll** over and over until the fire is out.
- If someone is unable to roll on his or her own, smother the fire using a blanket, towel or coat.



For more  
information  
contact Community  
Relations  
at 975-2574



# 1 Preventing Kitchen Fires

## Appliance Maintenance

- Clean the oven, stove and other appliances regularly. Built-up grease and food particles can be highly flammable.
- Check appliances for labels from testing laboratories acknowledging the safe design of the product.
- Know the warning signs of problems for electrical appliances.

## Electrical Safety

- Check the cords on the oven, microwave, coffee maker, toaster and any other appliance for signs of cracking or fraying. **Replace** damaged cords immediately.
- **Avoid** plugging numerous appliances into one electrical outlet as overloaded circuits can cause electrical fires.
- Prevent electrical shocks by ensuring the floor and your hands are dry when operating electrical appliances.
- When an appliance becomes wet inside, repair it before using again.

## Keep Cooking Area Free of Clutter

- **Do not** leave towels, potholders, paper towels and curtains close to the stove or hot burner.
- **Avoid** storing frequently used items above the stove where you must reach over a hot burner to get them.



# 2 Cooking Safely

## Avoid Loose Fitting Clothes

- Loose fitting sleeves can easily ignite when close to a hot burner.

## Don't Leave Cooking Unattended

- Never leave cooking unattended. If you must leave the kitchen, turn the stove off first.
- Turn off all appliances after use.
- Unplug appliances when they are not in use.

## Cooking Oil

- Heat cooking oil slowly over low heat. Fire can start when heated too quickly.
- Never leave cooking oil unattended.

## Pot Handles

- **Always** turn pot handles in or use the back burners to prevent injuries. Pot handles hanging over the stove can easily be bumped or grabbed by a child.
- If someone gets a burn, run cool water over the burn for 5 to 10 minutes to prevent continued burning. If a blister or charring has occurred, seek medical attention.



# 3 If a Fire Starts

## Never put water on a kitchen fire!

### Stove Fires

- If a pot or pan catches fire while cooking:  
**Slide** a lid over the pot using an **oven mitt**,  
**Turn off** the burner and  
**Remove** the pot from the heat source.
- If the oven catches fire, **shut** the door and **turn off** the oven. If the fire continues to burn, call the fire department.



### Microwave Fires

- If a fire starts in the microwave, leave the **door shut**, and **turn off** the appliance.
- Never open the door. Adding oxygen increases the possibility that the fire will grow.
- Avoid **"arcing"** by ensuring that twist-ties, utensils and anything metal are not put inside the microwave.

